

# FALL/SPRING CLASS SCHEDULE

05/21/18

## BALLET

Ballet A (1)	Monday	5:15pm-6:00pm
Ballet B (1)	Monday	6:00pm-7:00pm
Ballet C (1)	Monday	7:15pm-8:15pm
Ballet Pre Pointe (5)	Tuesday	5:00pm-5:45pm
Ballet 4 (5)	Monday	7:30pm-9:00pm
Ballet 4 (5)	Tuesday	6:30pm-8:00pm

## HIP HOP

Hip Hop A (6)	Wednesday	6:15pm-7:00pm
Hip Hop B (6)	Wednesday	7:00pm-7:45pm
Little Hoppers (8)	Thursday	5:15pm-6:00pm

## TAP

Tap - Adult (3)	Monday	7:00pm-7:45pm
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## TAP JAZZ COMBO

Tap/Jazz-A (8)	Wednesday	5:00pm-6:00pm
Tap/Jazz-B (5)	Thursday	6:00pm-7:00pm

## LYRICAL

Lyrical 1A (8)	Tuesday	5:15pm-6:00pm
Lyrical B (2)	Tuesday	6:15pm-7:00pm

## ACRO

Acro-A (7)	Thursday	6:00pm-6:45pm
Acro-B (7)	Thursday	5:00pm-6:00pm

## STARLETT TEAM (Class and Team)

Starlett 1 (4)	Tuesday	5:15pm-6:30pm
Starlett 2 (4)	Wednesday	5:15pm-6:30pm
Starlett 3 -- Tap (4)	Monday	6:00pm-6:45pm
Starlett 3 - Jazz (8)	Monday	6:45pm-7:15pm

## YOUNG EXPRESSION

YE (10)	Saturday AM	9:00am-9:45am
YE 1 (4)	Monday	5:15pm-6:00pm
YE 1 (10)	Wednesday	5:15pm-6:00pm
YE 2 (9)	Wednesday	5:30pm-6:15pm
YE 2 (8)	Thursday	6:00pm-6:45pm

## VARIETY

Variety (10)	Saturday AM	9:45am-10:45am
Variety 1 (9)	Wednesday	6:15pm-7:15pm
Variety 1 (4)	Tuesday	6:30pm-7:30pm
Variety 2 (4)	Wednesday	6:30pm-7:30pm

## TEAM

Team Ballet 1 (5)	Monday	6:45pm-7:30pm
Team Ballet 2 (2)	Monday	6:45pm-7:45pm
Team Ballet 3 Technique (2)	Monday	7:45pm-8:45pm
Team Ballet 3 Performance (5)	Thursday	5:00pm-6:00pm

Jazz Technique 1 (8)	Monday	6:00pm-6:45pm
Jazz Technique 2 (2)	Monday	6:00pm-6:45pm
Jazz Technique 3 (2)	Tuesday	7:15pm-8:00pm
Jazz Technique 4 (2)	Tuesday	8:00pm-8:45pm

Tap Technique 1 (8)	Monday	5:15pm-6:00pm
Tap Technique 2 (5)	Monday	5:15pm-6:00pm
Tap Technique 3 (5)	Tuesday	5:45pm-6:30pm

Lyrical 2 (2)	Thursday	6:00pm-6:45pm
Lyrical 3 (2)	Wednesday	6:00pm-7:00pm

## ENCORE

Encore Dance Team (2)	Wednesday	7:00pm-9:00pm
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## STARBOUND

Starbound 1 Dance Team (5)	Thursday	7:00pm-9:00pm
Starbound 2 Dance Team (2)	Thursday	6:45pm-9:00pm

## RISING STARS

Rising Star Dance Team (8)	Tuesday	6:00pm-8:15pm
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## TODDLIN' TWOS

Toddlin' Twos (9)	Tuesday	5:30pm-6:00pm
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## SIZZLIN' SENIORS

Class (4)	Wednesday AM	10:15am-11:15am
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## PARENT CONDITIONING CLASS

Class (5)	Monday	6:00pm-6:45pm
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## TEACHERS

(1) = Amanda Buchana	(7) = Lindsay Propst
(2) = Abi Telander	(8) = Kayla Hull
(3) = Kristy Schriefer	(9) = Nicole Hackmann
(4) = Sherry Bailey	(10) = Kayla Deal
(5) = Jordan Beach Hall	
(6) = Tiaunna Warren	

## TUITION: (per class/per month)

30 Minute Class.....	\$31.00
45 Minute Class.....	\$46.00
1 Hour Class.....	\$48.00
1 Hour 30 Minute Class.....	\$53.00
Each Additional Class (per family) .....	\$26.00
If taking two 1 Hour 30 Minute classes the Second Class will be.....	\$28.00
Team Fees (Encore, Starbound, Rising Stars).....	\$40.00
Starlett Team Fees (Class and Team).....	\$58.00
Registration Fee (per family per year).....	\$25.00

# WELCOME TO 5-6-7-8 DANCENTER!

Our goal at 5-6-7-8 Dancercenter is to provide the correct technique and a fun, safe, challenging and memorable dance experience while instilling discipline, grace, self-control, self-confidence and respect for all. Our music is to be morally sound so that all participants young and old can enjoy it.

Dance is a beneficial outlet for persons of all ages, sizes and backgrounds. It is a means of expression, worship, communication, discipline and exercise. It is an opportunity to push oneself and create. It is an opportunity to be an equal and valuable part of a bigger picture.

Dance is a mind and body connection and it is our belief dance can be healing, inspiring and gratifying to all that choose to partake.

Thanks for choosing 5-6-7-8.

*Sherry and Pauline*



## What class can I take?

**Ballet A** —ages 7-8 and must have completed Variety Level 2 or be at least 7 years old for a new student.

**Ballet B & C** — must be approved by teacher.

**Ballet PrePointe** — Focusing on strength and flexibility of ankles, feet, and toes. Perfecting the basics. Teacher approval required.

**Ballet Pointe** — must be approved by teacher.

**Little Hoppers** — under age 7.

**Hip Hop A** — ages 7 and up.

**Hip Hop B** — must be approved by teacher.

**Tap/Jazz**

**Tap/Jazz - A** - ages 7-8 and must have completed Variety Level 2 or be at least 7 years old for a new student.

**Tap/Jazz - B** - must be approved by teacher.

**Tap - Adult** - adults tap class.

**Lyrical**

**Lyrical-1A** — 7 years old and must be enrolled in a Ballet Class. Older dancers must have at least 1 year of Ballet.

**Lyrical B** — must be approved by teacher.

**Team Technique Classes** - will be assigned by Team Coach.

**Toddlin' Twos** for mommy and child. We do ballet, tumbling and tap in this class. This is for those children who just want to dance under the age of three.

**Young Expression** for ages 3-4. It is a 45 minute class consisting of ballet, tap, and tumbling.

**Young Expression Level 1** — ages 3 or 4 for a first year student.

**Young Expression Level 2** — you must be 4 years old Coming from Young Expression Level 1.

**Variety** for ages 5-6. It is an hour class consisting of ballet, tap, and tumbling.

**Variety Level 1** — ages 5 or 6 for a first year student or 5 years old coming from Young Expression.

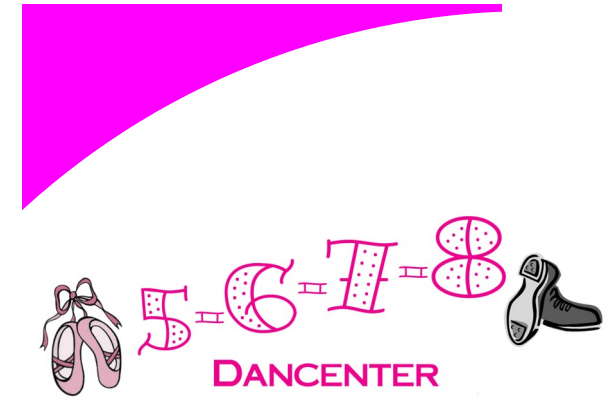
**Variety Level 2** — you must be 6 years old or have completed Variety Level 1.

**Acro Class** —

**A** — focuses on cartwheels, roundoffs, handstands, backwalkovers, front limbers, and back handsprings.

**B** — requires acro teacher approval. Focuses on back handsprings, round off back handsprings, front handsprings, side aerials, front aerials, and other advanced tumbling skills.

**Sizzlin' Seniors** For retired seniors looking for some great fun and a good work out.



2018-2019  
FALL/SPRING  
CLASS SCHEDULE  
August 18-  
December 20  
and  
January 5-May 18

709 Madison Street  
Jefferson City, MO 65101

### Fall/Spring Hours:

Monday — Thursday.....4:00 p.m.—9:00 p.m.  
Wednesday.....10:00 a.m.—11:30 a.m.  
Friday.....CLOSED  
Saturday.....9:00 a.m. — 10:45 a.m.

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