

New Class Added

FALL/SPRING CLASS SCHEDULE

07/07/18

BALLET

Ballet A (1)	Monday	5:15pm-6:00pm
Ballet B (1)	Monday	6:00pm-7:00pm
Ballet C (1)	Monday	7:15pm-8:15pm
Ballet Pre Pointe (5)	Tuesday	5:00pm-5:45pm
Ballet 4 (5)	Monday	7:30pm-9:00pm
Ballet 4 (5)	Tuesday	6:30pm-8:00pm

HIP HOP

Hip Hop A (6)	Wednesday	6:15pm-7:00pm
Hip Hop B (6)	Wednesday	7:00pm-7:45pm
Little Hoppers (8)	Thursday	5:15pm-6:00pm

TAP

Tap - Adult (3)	Monday	7:00pm-7:45pm
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TAP JAZZ COMBO

Tap/Jazz-A (8)	Wednesday	5:00pm-6:00pm
Tap/Jazz-B (5)	Thursday	6:00pm-7:00pm

LYRICAL

Lyrical 1A (8)	Tuesday	5:15pm-6:00pm
Lyrical B (2)	Tuesday	6:15pm-7:00pm

ACRO

Acro-A (7)	Thursday	6:00pm-6:45pm
Acro-B (7)	Thursday	5:00pm-6:00pm

STARLETT TEAM (Class and Team)

Starlett 1 (4)	Tuesday	5:15pm-6:30pm
Starlett 2 (4)	Wednesday	5:15pm-6:30pm
Starlett 3 -- Tap (4)	Monday	6:00pm-6:45pm
Starlett 3 - Jazz (8)	Monday	6:45pm-7:15pm

YOUNG EXPRESSION

YE (10)	Saturday AM	9:00am-9:45am
YE 1 (4)	Monday	5:15pm-6:00pm
YE 1 (10)	Wednesday	5:15pm-6:00pm
YE 2 (9)	Wednesday	5:30pm-6:15pm
YE 2 (8)	Thursday	6:00pm-6:45pm

VARIETY

Variety (10)	Saturday AM	9:45am-10:45am
Variety 1 (9)	Wednesday	6:15pm-7:15pm
Variety 1 (4)	Tuesday	6:30pm-7:30pm
Variety 2 (4)	Wednesday	6:30pm-7:30pm
Variety 2 (10)	Thursday	6:45pm-7:45pm

TEAM

Team Ballet 1 (5)	Monday	6:45pm-7:30pm
Team Ballet 2 (2)	Monday	6:45pm-7:45pm
Team Ballet 3 Technique (2)	Monday	7:45pm-8:45pm
Team Ballet 3 Performance (5)	Thursday	5:00pm-6:00pm

Jazz Technique 1 (8)	Monday	6:00pm-6:45pm
Jazz Technique 2 (2)	Monday	6:00pm-6:45pm
Jazz Technique 3 (2)	Tuesday	7:15pm-8:00pm
Jazz Technique 4 (2)	Tuesday	8:00pm-8:45pm

Tap Technique 1 (8)	Monday	5:15pm-6:00pm
Tap Technique 2 (5)	Monday	5:15pm-6:00pm
Tap Technique 3 (5)	Tuesday	5:45pm-6:30pm

Lyrical 2 (2)	Thursday	6:00pm-6:45pm
Lyrical 3 (2)	Wednesday	6:00pm-7:00pm

ENCORE

Encore Dance Team (2)	Wednesday	7:00pm-9:00pm
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STARBOUND

Starbound 1 Dance Team (5)	Thursday	7:00pm-9:00pm
Starbound 2 Dance Team (2)	Thursday	6:45pm-9:00pm

RISING STARS

Rising Star Dance Team (8)	Tuesday	6:00pm-8:15pm
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TODDLIN' TWOS

Toddlin' Twos (9)	Tuesday	5:30pm-6:00pm
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SIZZLIN' SENIORS

Class (4)	Wednesday AM	10:15am-11:15am
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PARENT CONDITIONING CLASS

Class (5)	Monday	6:00pm-6:45pm
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TEACHERS

(1) = Amanda Buchana	(7) = Lindsay Propst
(2) = Abi Telander	(8) = Kayla Hull
(3) = Kristy Schriefer	(9) = Nicole Hackmann
(4) = Sherry Bailey	(10) = Kayla Deal
(5) = Jordan Beach Hall	
(6) = Tiaunna Warren	

TUITION: (per class/per month)

30 Minute Class.....	\$31.00
45 Minute Class.....	\$46.00
1 Hour Class.....	\$48.00
1 Hour 30 Minute Class.....	\$53.00
Each Additional Class (per family)	\$26.00
If taking two 1 Hour 30 Minute classes the Second Class will be.....	\$28.00
Team Fees (Encore, Starbound, Rising Stars).....	\$40.00
Starlett Team Fees (Class and Team).....	\$58.00
Registration Fee (per family per year).....	\$25.00

WELCOME TO 5-6-7-8 DANCENTER!

Our goal at 5-6-7-8 Dancercenter is to provide the correct technique and a fun, safe, challenging and memorable dance experience while instilling discipline, grace, self-control, self-confidence and respect for all. Our music is to be morally sound so that all participants young and old can enjoy it.

Dance is a beneficial outlet for persons of all ages, sizes and backgrounds. It is a means of expression, worship, communication, discipline and exercise. It is an opportunity to push oneself and create. It is an opportunity to be an equal and valuable part of a bigger picture.

Dance is a mind and body connection and it is our belief dance can be healing, inspiring and gratifying to all that choose to partake.

Thanks for choosing 5-6-7-8.

Sherry and Pauline



What class can I take?

Ballet A —ages 7-8 and must have completed Variety Level 2 or be at least 7 years old for a new student.

Ballet B & C — must be approved by teacher.

Ballet PrePointe — Focusing on strength and flexibility of ankles, feet, and toes. Perfecting the basics. Teacher approval required.

Ballet Pointe — must be approved by teacher.

Little Hoppers — under age 7.

Hip Hop A — ages 7 and up.

Hip Hop B — must be approved by teacher.

Tap/Jazz

Tap/Jazz - A - ages 7-8 and must have completed Variety Level 2 or be at least 7 years old for a new student.

Tap/Jazz - B - must be approved by teacher.

Tap - Adult - adults tap class.

Lyrical

Lyrical-1A — 7 years old and must be enrolled in a Ballet Class. Older dancers must have at least 1 year of Ballet.

Lyrical B — must be approved by teacher.

Team Technique Classes - will be assigned by Team Coach.

Toddlin' Twos for mommy and child. We do ballet, tumbling and tap in this class. This is for those children who just want to dance under the age of three.

Young Expression for ages 3-4. It is a 45 minute class consisting of ballet, tap, and tumbling.

Young Expression Level 1 — ages 3 or 4 for a first year student.

Young Expression Level 2 — you must be 4 years old Coming from Young Expression Level 1.

Variety for ages 5-6. It is an hour class consisting of ballet, tap, and tumbling.

Variety Level 1 — ages 5 or 6 for a first year student or 5 years old coming from Young Expression.

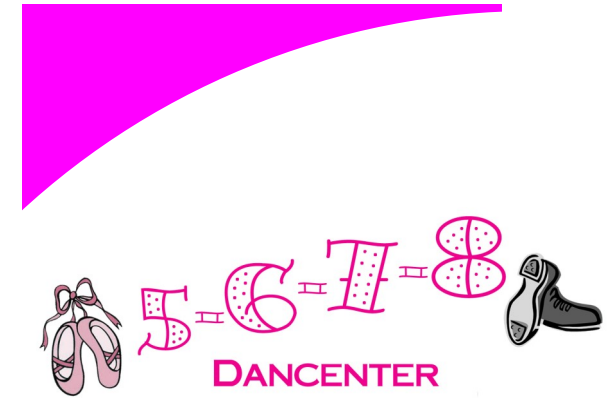
Variety Level 2 — you must be 6 years old or have completed Variety Level 1.

Acro Class —

A — focuses on cartwheels, roundoffs, handstands, backwalkovers, front limbers, and back handsprings.

B — requires acro teacher approval. Focuses on back handsprings, round off back handsprings, front handsprings, side aerials, front aerials, and other advanced tumbling skills.

Sizzlin' Seniors For retired seniors looking for some great fun and a good work out.



2018-2019
FALL/SPRING
CLASS SCHEDULE
August 18-
December 20
and
January 5-May 18

709 Madison Street
Jefferson City, MO 65101

Fall/Spring Hours:

Monday — Thursday.....4:00 p.m.—9:00 p.m.
Wednesday.....10:00 a.m.—11:30 a.m.
Friday.....CLOSED
Saturday.....9:00 a.m. — 10:45 a.m.

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Jefferson City, MO 65101

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