

FALL/SPRING CLASS SCHEDULE

05/20/19

BALLET

Ballet 1 (4)	Monday	6:00pm-6:45pm
Ballet 2 (4)	Thursday	6:00pm-7:00pm
Ballet 3 (1)	Thursday	6:00pm-7:00pm
Ballet 3 (4)	Tuesday	5:00pm-6:00pm
Ballet Pre Pointe (4)	Tuesday	8:15pm-9:00pm
Ballet 4 (1)	Tuesday	6:15pm-7:30pm
Ballet 4 (4)	Thursday	7:00pm-8:15pm
Ballet 5 (1)	Thursday	7:00pm-8:30pm
Ballet 5 (4)	Tuesday	6:00pm-7:30pm

HIP HOP

Little Hoppers (7)	Thursday	6:00pm-6:45pm
Hip Hop 1 (5)	Wednesday	5:15pm-6:00pm
Hip Hop 2 (5)	Wednesday	6:00pm-6:45pm

TAP

Tap - Adult (2)	Monday	7:15pm-8:00pm
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JAZZ

Jazz - Teen (9)	Wednesday	6:45pm-7:30pm
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TAP JAZZ COMBO

Tap/Jazz-1 (7)	Monday	5:00pm-6:00pm
Tap/Jazz-2 (7)	Thursday	5:00pm-6:00pm

LYRICAL

Little Lyrical (9)	Wednesday	6:00pm-6:45pm
Lyrical - Beginning (7)	Tuesday	5:15pm-6:00pm
Lyrical - Teen (1)	Monday	6:45pm-7:30pm

ACRO

Little Tumblers (9)	Wednesday	5:15pm-6:00pm
Acro-1 (9)	Thursday	6:45pm-7:30pm
Acro-2 (9)	Tuesday	5:00pm-6:00pm

YOGA

Stretch & Strength 1 (10)	Thursday	5:15pm-6:00pm
Stretch & Strength 2 (10)	Thursday	6:00pm-6:45pm

YOUNG EXPRESSION

YE (—)	Saturday AM	9:00am-9:45am
YE 1 (9)	Monday	5:15pm-6:00pm
YE 1 (3)	Tuesday	6:30pm-7:15pm
YE 2 (3)	Wednesday	5:15pm-6:00pm
YE 2 (9)	Thursday	5:15pm-6:00pm

VARIETY

Variety (—)	Saturday AM	9:45am-10:45am
Variety1 (3)	Monday	6:00pm-7:00pm
Variety 1 (8)	Wednesday	6:30pm-7:30pm
Variety 2 (3)	Wednesday	6:45pm-7:45pm

TEAM

Jazz Technique 1 (7)	Monday	6:00pm-6:45pm
Jazz Technique 2 (1)	Monday	6:00pm-6:45pm
Jazz-Technique 3 (1)	Tuesday	7:30pm-8:30pm

Tap Technique 1 (4)	Monday	6:45pm-7:30pm
Tap Technique 2 (4)	Monday	5:15pm-6:00pm
Tap Technique 3 (4)	Thursday	5:00pm-6:00pm

Lyrical 2 (1)	Monday	7:30pm-8:15pm
Lyrical 3 (1)	Wednesday	6:00pm-6:45pm

ENCORE

Encore Dance Team (1)	Wednesday	6:45pm-9:00pm
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RISING STARS

Rising Star Team (7)	Tuesday	6:00pm-7:30pm
Rising Star Practice (7)	Tuesday	7:30pm-8:15pm
Rising Star Practice (4)	Tuesday	7:30pm-8:15pm

STARLETT TEAM (Class and Team)

Starlett 1 (3)	Tuesday	5:15pm-6:30pm
Starlett 2 - Tap (3)	Monday	7:15pm-8:00pm
Starlett 3 - Tap (3)	Monday	5:15pm-6:00pm
Starlett 2 & 3 - Jazz (7)	Monday	6:45pm-7:15pm

TODDLIN' TWOS

Toddlin' Twos (8)	Wednesday	6:00pm-6:30pm
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SIZZLIN' SENIORS

Class (3)	Wednesday AM	11:30am-12:30pm
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PARENT CONDITIONING CLASS

Class (4)	Monday	7:30pm-8:15pm
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TEACHERS

(1) = Abi Telander	(6) = Lindsay Propst
(2) = Kristy Schriefer	(7) = Kayla Hull
(3) = Sherry Bailey	(8) = Nicole Hackmann
(4) = Jordan Beach Hall	(9) = Kayla Deal
(5) = Tiaunna Warren	(10) = Meagan Davis

TUITION: (per class/per month)

30 Minute Class.....	\$31.00
45 Minute Class.....	\$46.00
1 Hour Class.....	\$48.00
1 Hour 30 Minute Class.....	\$53.00
Each Additional Class (per family)	\$26.00
If taking two 1 Hour 30 Minute classes the Second Class will be.....	\$28.00
Team Fees (Encore, Starbound, Rising Stars).....	\$40.00
Starlett Team Fees (Class and Team).....	\$58.00
Registration Fee (per family per year).....	\$25.00

WELCOME TO 5-6-7-8 DANCENTER!

Our goal at 5-6-7-8 Dancercenter is to provide the correct technique and a fun, safe, challenging and memorable dance experience while instilling discipline, grace, self-control, self-confidence and respect for all. Our music is to be morally sound so that all participants young and old can enjoy it.

Dance is a beneficial outlet for persons of all ages, sizes and backgrounds. It is a means of expression, worship, communication, discipline and exercise. It is an opportunity to push oneself and create. It is an opportunity to be an equal and valuable part of a bigger picture.

Dance is a mind and body connection and it is our belief dance can be healing, inspiring and gratifying to all that choose to partake.

Thanks for choosing 5-6-7-8.

Sherry and Pauline



Studio Address: 709 Madison Street
Jefferson City, MO 65101

Mailing Address: 2410 Allison Drive
Jefferson City, MO 65109

What class can I take?

Ballet 1 —ages 7-8 and must have completed Variety Level 2 or be at least 7 years old for a new student.

Ballet 2, 3, 4, 5 — must be approved by teacher.

Ballet PrePointe — Focusing on strength and flexibility of ankles, feet, and toes. Perfecting the basics. Teacher approval required.

Little Hoppers— under age 7.

Hip Hop 1— ages 7 and up.

Hip Hop 2—must be approved by teacher.

Tap

Tap - Adult - adult tap class.

Jazz

Jazz - Teen - ages 12 and up.

Tap/Jazz Combo

Tap/Jazz - 1 - ages 7 and up or must have completed Variety Level 2 or be at least 7 years old for a new student.

Tap/Jazz - 2 - must be approved by teacher.

Lyrical

Little Lyrical - ages 4 -7 years old.

Lyrical - Beginning - ages 7 and up.

Lyrical - Teen - ages 12 and up and must be currently enrolled in a Ballet class or had at least 1 year of Ballet.

Acro Class —

Little Tumblers - ages 3-7.

1—focuses on cartwheels, roundoffs, handstands, backwalkovers, front limbers, and back handsprings.

2—requires acro teacher approval. Focuses on back handsprings, round off back handsprings, front handsprings, side aerials, front aerials, and other advanced tumbling skills.

Yoga

Stretch & Strength 1 - ages 8-12

Stretch & Strength 2 - ages 13-18

Young Expression for ages 3-4. It is a 45 minute class consisting of ballet, tap, and tumbling.

Young Expression Level 1—ages 3 or 4 for a first year student.

Young Expression Level 2—you must be 4 years old
Coming from Young Expression Level 1.

Variety for ages 5-6. It is an hour class consisting of ballet, tap, and tumbling.

Variety Level 1—ages 5 or 6 for a first year student or 5 years old coming from Young Expression.

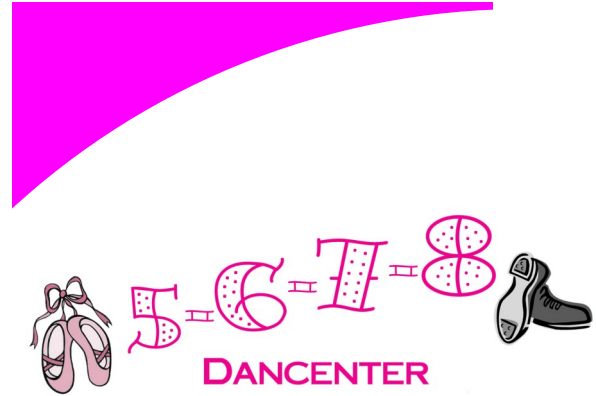
Variety Level 2—you must be 6 years old or have completed Variety Level 1.

Toddlin' Twos for mommy and child. We do ballet, tumbling and tap in this class. This is for those children who just want to dance under the age of three.

Sizzlin' Seniors For retired seniors looking for some great fun and a good work out.

Parent Conditioning Class - Stretch and strengthening.

Team Technique Classes - will be assigned by
Team Coach.



2019-2020
FALL/SPRING
CLASS SCHEDULE
August 17-
December 21
and
January 4-May 21
Recital = May 16, 2020

709 Madison Street
Jefferson City, MO 65101

Fall/Spring Hours:

Monday — Thursday.....4:30 p.m.—9:00 p.m.
Wednesday.....11:30 a.m.—12:45 p.m.
Friday.....CLOSED
Saturday.....9:00 a.m. — 10:45 a.m.

Phone: 573-636-4528
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www.5-6-7-8dancercenter.com