

# WELCOME TO 5-6-7-8 DANCENTER

Our goal at 5-6-7-8 Dancercenter is to provide the correct technique and a fun, safe, challenging and memorable dance experience while instilling discipline, grace, self-control, self-confidence and respect for all. Our music is to be morally sound so that all participants young and old can enjoy it.

Dance us a beneficial outlet for persons of all ages, sizes and backgrounds. It is a means of expression, worship, communication, discipline, and exercise. It is an opportunity to push oneself and create. It is an opportunity to be an equal and valuable part of a bigger picture.

Dance is a mind and body connection, and it is our belief dance can be healing, inspiring and gratifying to all that choose to partake.

Thank you for choosing 5-6-7-8.

Sherry & Pauline



## WHAT CLASS CAN I TAKE?

**Ballet 1**- Ages 7 and up and must have completed Variety 2 or be at least 7 years old for a new student

**Ballet 2,3,4,5**- must be approved by teacher

**Little Hoppers**- ages 5-7

**Hip Hop 1**-ages 7 and up

**Hip Hop 2**- must be approved by teacher

**Teen Tap**- ages 12 and up

**Teen Jazz**- ages 12 and up

**Tap/Jazz 1**- ages 7 and up and must have completed Variety

**Little Lyrical**- approved by teacher

**Lyrical 1**- must be at least 7 years old and completed 1 year of Ballet

**Teen Lyrical**- Ages 12 and up and must be currently enrolled in a ballet class or had at least 1 year of Ballet

**Little Tumblers**- ages 3-7

**Acro 1**- Focuses on cartwheels, roundoffs, handstands, back walkovers, front limbers, and back handsprings.

**Acro 2**- requires acro teacher approval. Focuses on back handsprings, roundoff back handsprings, front handsprings, side aerials, front aerials, and other advanced tumbling skills

**4 Part Fundamentals**- Focuses on core fundamentals of dance. Class rotating weekly between Leaps & Turns, Contemporary, Improvisation, and Flexibility

**Young Expressions 1**- ages 3-4. 45min class consisting of ballet, tap, and tumbling

**Young Expression 2**- ages 4-5, coming from YE1. 45min class consisting of ballet, tap, and tumbling

**Variety 1**- ages 5-6. 1 hour class consisting of ballet, tap, and tumbling.

**Variety 2**- ages 6-7 and completed V1. 1 hour class consisting of ballet, tap, and tumbling

**Toddlin' Twos**- for mommy and child. Ages 2-3. Class consists of ballet, tap, and tumbling

**Adult Tap**- Tap for adults

**Sizzlin' Seniors**- for retired seniors looking for some great fun and a good workout

**Team Technique Classes**- Will be assigned by Team Coach

**Theatre Class**- approved by teacher. Abilities to work on implementing jazz and tap technique into the performance and storytelling of Musical Theatre repertoire

**Danceabilities**- an inclusive All-Abilities dance class. It is a welcoming, supportive space for dancers of all abilities to express themselves, have fun and learn new skills.

# 2024- 2025 FALL/SPRING CLASS SCHEDULE

AUG 17-DEC21/ JAN 4-MAY 17



709 MADISON ST  
JEFFERSON CITY, MO 65101

## FALL/SPRING HOURS:

Monday-Thursday 4:30pm-9pm

Wednesday 11:30am-12:30pm

Friday CLOSED

Saturday 9:30am-11am



(573) 636-4528  
[grandancers@yahoo.com](mailto:grandancers@yahoo.com)  
[www.5-6-7-8dancercenter.com](http://www.5-6-7-8dancercenter.com)

**BALLET**

Ballet 1 (6)	Monday	5:45pm-6:30pm
Ballet 2 (5)	Monday	6pm-7pm
Ballet 3-4 (2)	Monday	7:30pm-8:30pm
Ballet 3-4 (2)	Monday	7:30pm-9pm
Ballet 3-4 (2)	Thursday	7:30pm-8:30pm
Ballet 3-4 (2)	Thursday	7:30pm-9pm
Ballet Pre-Pointe (2)	Monday	7pm-7:30pm

**HIP HOP**

Little Hoppers (13)	Wednesday	5:15pm-6pm
Hip Hop 1 (11)	Wednesday	6pm-6:45pm
Hip Hop 2 (11)	Wednesday	6:45pm-7:30pm

**JAZZ**

Jazz- Teen (10)	Monday	5:15pm-6pm
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**TAP**

Tap- Teen (5)	Thursday	6:45pm-7:45pm
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**TAP/ JAZZ COMBO**

Tap/Jazz 1 (5)	Thursday	5:45pm-6:45pm
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**LYRICAL**

Little Lyrical (5)	Monday	7pm-7:45pm
Lyrical 1 (6)	Monday	7pm-7:45pm

**ACRO**

Little Tumblers (12)	Wednesday	5:15pm-6pm
Acro 1 (9)	Wednesday	6pm-7pm
Acro 2 (9)	Wednesday	7pm-8pm

**YOUNG EXPRESSION**

YE 1 (1)	Monday	6:15pm-7pm
YE 1 (10)	Tuesday	5:15pm-6pm
YE 2 (7)	Monday	5:45pm-6:30pm
YE 2 (1)	Wednesday	5:45pm-6:30pm

**VARIETY**

Variety 1 (1)	Tuesday	5:15pm-6:15pm
Variety 2 (1)	Tuesday	6:15-7:15pm

**DANCEABILITIES**

Danceabilities (age 4-9) (2)	Thursday	6:15pm-6:45pm
Danceabilities (age 10 & up) (2)	Thursday	6:45pm-7:15pm

**4-PART FUNDAMENTALS**

4-Part Fundamentals 1 (6)	Monday	7:45pm-8:30pm
4-Part Fundamentals 2 (3)	Thursday	5:15pm-6pm

**TEAM**

Jazz Technique 1 (3)	Tuesday	7pm-7:45pm
Jazz Technique 3-4 (3)	Thursday	6pm-6:45pm
Tap Technique 1 (4)	Thursday	6pm-6:45pm
Tap Technique 2 (4)	Thursday	6:45-7:30pm
Lyrical 3-4 (3)	Tuesday	7:45pm-8:30pm

**PRODUCTION**

Team Production	Tuesday	6:30pm-7pm
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**ENCORE**

Encore Team (3)	Tuesday	6pm- 6:30pm
Encore Team (6)	Tuesday	7pm-7:45pm
Encore Team (3/6)	Tuesday	7:45pm-8:15pm

**RISING STARS**

Rising Star Team (3)	Tuesday	5pm-5:15pm
Rising Star Team (3/6)	Tuesday	5:15pm-6pm
Rising Star Team (6)	Tuesday	6pm-6:30pm

**STARLETT TEAM**

Starlett A	Monday	5pm-6:15pm
Starlett B	Monday	5pm-5:45pm
Starlett C	Monday	5pm-5:45pm
Starlett Jazz	Monday	6:30pm-7pm

**TODDLIN' TWOS**

Toddlin' Twos (1)	Wednesday	5:15pm-5:45pm
Toddlin Twos (10)	Saturday (AM)	9:30am-10am

**ADULT CLASSES**

Tap-Adult (8)	Monday	6:30pm-7:15pm
Sizzlin' Seniors (1)	Wednesday (AM)	11:30am-12:30pm

**THEATRE CLASS**

Theatre (5)	Saturday (AM)	10am-11am
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**TEACHERS:**

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|------------------------|------------------------|
| (1) Sherry Bailey      | (8) Kristy Schriefer   |
| (2) Kailey Baker       | (9) Lindsay Sherwood   |
| (3) Kayla Hull         | (10) Allison Trinklein |
| (4) LuAnn Madsen       | (11) Tiaunna Warren    |
| (5) Claire Mengwasswer | (12) Abbi Witt         |
| (6) Bailey Nichols     | (13) Anna Wright       |
| (7) Hunter Surls       |                        |

**TUITION: (per month)**

30 Minute Class.....	\$32.00
45 Minute Class.....	\$47.00
1 Hour Class.....	\$49.00
1 Hour 30 Minute Class.....	\$54.00
Each Additional Class (per family).....	\$26.00
If taking two 1 Hour 30 Min. Classes the second class will be.....	\$28.00
Team Fees (Encoore, Starbound, Rising Stars).....	\$40.00
Starlett Team Fee (Class & Team).....	\$59.00
Registration Fee (per family per year).....	\$25.00

**Registration Fee NON-REFUNDABLE**