WELCOME TO 5-6-7-8 DANCENTER

Our goal at 5-6-7-8 Dancenter is to provide the correct technique and a fun, safe, challenging and memorable dance experience while instilling discipline, grace, self-control, self-confidence and respect for all. Our music is to be morally sound so that all participants young and old can enjoy it.

Dance is a beneficial outlet for persons of all ages, sizes and backgrounds. It is a means of expression, worship, communication, discipline, and exercise. It is an opportunity to push oneself and create. It is an opportunity to be an equal and valuable part of a bigger picture.

Dance is a mind and body connection, and it is our belief dance can be healing, inspiring and gratifying to all that choose to partake.

Thank you for choosing 5-6-7-8

Sherry, Kayla, Hunter, Bailey, & Kelly



WHAT CLASS CAN I TAKE?

Ballet 1- Ages 7 and up and must have completed Variety 2 or be at least 7 years old for a new student Ballet 2,3,4,5- must be approved by teacher Little Hoppers- ages 5-7 Hip Hop 1-ages 7 and up

Teen Jazz- ages 12 and up
Tap/Jazz 1- ages 7 and up and must have
completed Variety
Little Lyrical approved by teacher

Hip Hop 2- must be approved by teacher

Teen Tap- ages 12 and up

Little Lyrical- approved by teacher
Lyrical 1- must be at least 7 years old and
completed 1 year of Ballet

Acro 1– Focuses on cartwheels, roundoffs, handstands, back walkovers, front limbers, and back handsprings.

Young Expressions 1- ages 3-4. 45min class consisting of ballet, tap, and tumbling Young Expression 2- ages 4-5, coming from YE1. 45min class consisting of ballet, tap, and tumbling

Variety 1- ages 5-6.1 hour class consisting of ballet, tap, and tumbling.

Variety 2- ages 6-7 and completed V1. I hour class consisting of ballet, tap, and tumbling Theatre Class- approved by teacher. Abilities to work on implementing jazz and tap technique into the performance and storytelling of Musical Theatre repertoire.

Toddlin' Twos- for mommy and child. Ages 2–3 Class consists of ballet, tap, and tumbling Adult Tap– Tap for adults

2025 SUMMER CLASS SCHEDULE





www.5-6-7-8dancenter.com



grandancerseyahoo.com



(573) 636-4528



709 Madison St Jefferson City, MO 65101

Summer Hours:

Monday 5pm-8:15pm Tuesday 5pm-8pm

teachers:

BALLET

Sherry Bailey (1)	Claire Mengwasser (6)
Kailey Baker (2)	Kailey Baker (2) Bailey Nichols (7)
Grace Burrell (3)	Grace Burrell (3) Kristy Schriefer (8)
Jill George (4)	Lindsay Sherwood (9)
Rachel Lutz (5)	Rachel Lutz (5) Allison Trinklein (10)
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