WELCOME TO 5-6-7-8 DANCENTER

Our goal at 5-6-7-8 Dancenter is to provide the correct technique and a fun, safe, challenging and memorable dance experience while instilling discipline, grace, self-control, self-confidence and respect for all. Our music is to be morally sound so that all participants young and old can enjoy it.

Dance is a beneficial outlet for persons of all ages, sizes and backgrounds. It is a means of expression, worship, communication, discipline, and exercise. It is an opportunity to push oneself and create. It is an opportunity to be an equal and valuable part of a bigger picture.

Dance is a mind and body connection, and it is our belief dance can be healing, inspiring and gratifying to all that choose to partake.

Thank you for choosing 5-6-7-8.

Sherry, Kayla, Hunter, Bailey, & Kelly



WHAT CLASS CAN I TAKE?

Ballet 1- Ages 7 and up and must have completed Variety 2 or be at least 7 years old for a new student

Ballet 2,3,4- must be approved by teacher

Hip Hop 1-ages 7 and up

Teen Tap- ages 12 and up

Tap/Jazz 1- ages 7 and up and must have completed Variety

Little Lyrical- approved by teacher

Lyrical 1- must be at least 7 years old and completed 1 year of Ballet

Lyrical 3-4- approved by teacher

Acro 1- Focuses on cartwheels, roundoffs, handstands, back walkovers, front limbers, and back handsprings.

Acro 2- requires acro teacher approval. Focuses on back handsprings, roundoff back handsprings, front handsprings, side aerials, front aerials, and other advanced tumbling skills

4 Part Fundamentals- Focuses on core fundamentals of dance. Class rotating weekly between Leaps & Turns, Contemporary, Improvision, and Flexibility

Young Expressions 1- ages 3-4. 45min class consisting of ballet, tap, and tumbling

Young Expression 2- ages 4-5, coming from YE1. 45min class consisting of ballet, tap, and tumbling

Variety 1- ages 5-6. 1 hour class consisting of ballet, tap, and tumbling.

Variety 2- ages 6-7 and completed V1. 1 hour class consisting of ballet, tap, and tumbling

Toddlin' Twos- for mommy and child. Ages 2-3. Class consists of ballet, tap, and tumbling

Adult Tap- Tap for adults

Sizzlin' Seniors- for retired seniors looking for some great fun and a good workout

Team Technique Classes- Will be assigned by Team Coach **Musical Theatre**- approved by teacher. Abilities to work on implementing jazz and tap technique into the performance and storytelling of Musical Theatre repertoire

Danceabilities- an inclusive All-Abilities dance class. It is a welcoming, supportive space for dancers of all abilities to express themselves, have fun and learn new skills.

TUITION: (per month)

30 Minute Class	\$33.00
45 Minute Class	
1 Hour Class	\$50.00
1 Hour 30 Minute Class	\$55.00
Each Additional Class (per family)	\$27.00
If taking two 1 Hour 30 Min classes,	
the second class will be	\$29.00
Team Fees (Encore, Starbound, Rising Stars)	\$40.00
Starlett Team Fee	\$10.00
Registration Fee	\$30.00
Family Registration Fee	\$40.00

REGISTRATION FEE NON-REFUNDABLE

2025-2026 FALL/SPRING CLASS SCHEDULE





www.5-6-7-8dancenter.com



grandancers@yahoo.com



(573) 636-4528



709 Madison St Jefferson City, MO 65101

Fall/Spring Hours:

M-TH: 4:30pm-9pm W: 11:30am-12:30pm; 4:30pm-9pm F: CLOSED

Sat: 9:30am-11am Sun: CLOSED

t 1 (6)	Monday							
		5:45pm-6:30pm	Tap/ Jazz Tweens (5)	Thursday	5:30pm-6:30pm	Team Production (3/6)	Tuesday	5pm-5:30pm
et 2 (2)	Monday	5:30pm-6:30pm	VARIETY			ENCORE		
t 3-4 [Pointe] (2)	Monday	7:15pm-8:45pm	Variety 1 (1)	Wednesday	6pm-7pm	Encore Team (6)	Tuesday	6pm-6:30pm
t 3-4 [Pointe](2)	Thursday	7:30pm-9pm	Variety 2 (12)	Tuesday	6:30-7:30pm	Encore Team (3)	Tuesday	6:30pm-7pm
			HIP HOP			RISING STARS		
Fechnique 1 (5)	Monday	6:30pm-7pm	Hip Hop (11)	Tuesday	5:15pm-6pm	Rising Star Team Large Group (3/6)	Tuesday	5:30pm-6pm
Teen (4/5)	Thursday	6:45pm-7:30pm	<u>ACRO</u>			Rising Star Team (3)	Tuesday	6pm-6:30pm
t Tap (8)	•	·	Acro 1 (9)	Wednesday	6pm-7pm	Rising Star Team (6)	Tuesday	6:30pm-7:15pm
n' Seniors (8)	Wednesday (AM)	11:30am-12:30am	Acro 2 (9)	Wednesday	7pm-8pm	STARLETT TEAM		
			<u>DANCEABILITIES</u>			Starlett A (1)	Monday	5:45pm-7pm
·	•	•	Danceabilities (age 4-9) (2)	Thursday	6:15pm-6:45pm	Starlett B (6)	Monday	5pm-5:45pm
·	Thursday	6pm-6:45pm	Danceabilities (age 10 & up) (2)	Thursday	6:45pm-7:15pm	Starlett C (1)	Monday	5pm-5:45pm
			TODDLIN' TWOS			Starlett D (7)	Monday	5pm-5:45pm
	-		Toddlin' Twos (12)	Tuesday	5:15pm-5:45pm	Starlett Jazz (6/7)	Monday	6:30pm-7pm
	•		Toddlin' Twos (10)	Saturday (AM)	9:30am-10am			
	monday	С. С	MUSICAL THEATRE					
	Wednesday	5:15pm-6pm	Musical Theatre (5)	Monday	7pm-7:45pm			
	•		Musical Theatre (5)	Saturday (AM)	10am-11am	·		O) Allison Trinklein
			4-PART FUNDAMENTALS			•		1) Tiaunna Warren
			4-Part Fundamentals 1 (2)	Monday	5pm-5:30pm	(4) LuAnn Madsen (8) Krist	y Schriefer (12	2) Rachel Lutz
	·		4-Part Fundamentals 2 (2)	Thursday	5:15pm-6pm			
	rechnique 1 (5) Teen (4/5) Tap (8) Technique 1 (3) Technique 1 (3) Technique 3/4 (3) CAL Lyrical (6) al 1 (6) al 3-4 (2) NG EXPRESSION 1) 10) 10)	Technique 1 (5) Thursday Teen (4/5) Thursday Tap (8) Monday Technique 1 (3) Tuesday Technique 3/4 (3) Thursday Thursday Thursday Thursday Thursday Thursday Technique 3/4 (3) Thursday Thursday	Technique 1 (5) Monday 7:30pm-9pm Teen (4/5) Thursday 6:45pm-7:30pm Tap (8) Monday 7pm-7:45pm Technique 1 (3) Tuesday 7:15pm-8pm Technique 3/4 (3) Thursday 6pm-6:45pm CAL Lyrical (6) Monday 7pm-7:45pm al 1 (6) Monday 7:45pm-8:30pm al 3-4 (2) Monday 6:30pm-7:15pm NG EXPRESSION Tuesday 5:15pm-6pm Tousday 5:15pm-6pm Tousday 10pm-10:45pm Tousday 5:45pm-6:30pm	t 3-4 [Pointe] (2)	13-4 [Pointe] (2) Monday 7:15pm-8:45pm Variety 1 (1) Wednesday	1.3 4 Pointe (2) Monday 7.15pm-8.45pm Variety 1 (1) Wednesday 6pm-7pm	1.34 Pointre 27 Monday 7.35pm-8.45pm Variety 2 (1.2) Tuesday 6,0m 7pm Encore Team (6) Floring 1/2 1.34 Pointre 27 1.25pm 8.45pm Variety 2 (1.2) Tuesday 6.30 - 7.30pm Encore Team (3) Floring 5tars Floring 5tars Floring 5tars Floring 5tar Team (3) Floring 5tar Team (4/5) Floring 5tar Team (4/5) Floring 5tar Team (4/5) Floring 5tar Team (5) Floring 5tar Team (6) Floring 6tar Team (6) Floring 5tar Team (6) Floring 6tar Team (7) Floring 6tar Team	Norder Pointe P