

WELCOME TO 5-6-7-8 DANCENTER

Our goal at 5-6-7-8 Dancenter is to provide the correct technique and a fun, safe, challenging and memorable dance experience while instilling discipline, grace, self-control, self-confidence and respect for all. Our music is to be morally sound so that all participants young and old can enjoy it.

Dance is a beneficial outlet for persons of all ages, sizes and backgrounds. It is a means of expression, worship, communication, discipline, and exercise. It is an opportunity to push oneself and create. It is an opportunity to be an equal and valuable part of a bigger picture.

Dance is a mind and body connection, and it is our belief dance can be healing, inspiring and gratifying to all that choose to partake.

Thank you for choosing 5-6-7-8.

Sherry, Kayla, Hunter, Bailey, & Kelly



WHAT CLASS CAN I TAKE?

Ballet 1- Ages 7 and up and must have completed Variety 2 or be at least 7 years old for a new student

Ballet 2,3,4- must be approved by teacher

Hip Hop 1- ages 7 and up

Teen Tap- ages 12 and up

Tap/Jazz 1- ages 7 and up and must have completed Variety

Little Lyrical- approved by teacher

Lyrical 1- must be at least 7 years old and completed 1 year of Ballet

Lyrical 3-4- approved by teacher

Acro 1- Focuses on cartwheels, roundoffs, handstands, back walkovers, front limbers, and back handsprings.

Acro 2- requires acro teacher approval. Focuses on back handsprings, roundoff back handsprings, front handsprings, side aerials, front aerials, and other advanced tumbling skills

4 Part Fundamentals- Focuses on core fundamentals of dance. Class rotating weekly between Leaps & Turns, Contemporary, Improvisation, and Flexibility

Young Expressions 1- ages 3-4. 45min class consisting of ballet, tap, and tumbling

Young Expression 2- ages 4-5, coming from YE1. 45min class consisting of ballet, tap, and tumbling

Variety 1- ages 5-6. 1 hour class consisting of ballet, tap, and tumbling.

Variety 2- ages 6-7 and completed V1. 1 hour class consisting of ballet, tap, and tumbling

Toddlin' Twos- for mommy and child. Ages 2-3. Class consists of ballet, tap, and tumbling

Adult Tap- Tap for adults

Sizzlin' Seniors- for retired seniors looking for some great fun and a good workout

Team Technique Classes- Will be assigned by Team Coach

Musical Theatre- approved by teacher. Abilities to work on implementing jazz and tap technique into the performance and storytelling of Musical Theatre repertoire

Danceabilities- an inclusive All-Abilities dance class. It is a welcoming, supportive space for dancers of all abilities to express themselves, have fun and learn new skills.

TUITION: (per month)

30 Minute Class.....	\$33.00
45 Minute Class.....	\$48.00
1 Hour Class.....	\$50.00
1 Hour 30 Minute Class.....	\$55.00
Each Additional Class (per family).....	\$27.00
If taking two 1 Hour 30 Min classes, the second class will be.....	\$29.00
Team Fees (Encore, Starbound, Rising Stars).....	\$40.00
Starlett Team Fee.....	\$10.00
Registration Fee.....	\$30.00
Family Registration Fee.....	\$40.00

****REGISTRATION FEE NON-REFUNDABLE****

2025-2026 FALL/SPRING CLASS SCHEDULE



www.5-6-7-8dancenter.com



grandancers@yahoo.com



(573) 636-4528



709 Madison St
Jefferson City, MO 65101

Fall/Spring Hours:

M-TH: 4:30pm-9pm
W: 11:30am-12:30pm; 4:30pm-9pm
F: CLOSED
Sat: 9:30am-11am
Sun: CLOSED

<u>BALLET</u>			<u>TAP/ JAZZ COMBO</u>			<u>PRODUCTION</u>			
Ballet 1 (6)	Monday	5:45pm-6:30pm	Tap/ Jazz Tweens (5)	Thursday	5:30pm-6:30pm	Team Production (3/6)	Tuesday	5pm-5:30pm	
Ballet 2 (2)	Monday	5:30pm-6:30pm							
			<u>VARIETY</u>			<u>ENCORE</u>			
Ballet 3-4 [Pointe] (2)	Monday	7:15pm-8:45pm	Variety 1 (1)	Wednesday	6pm-7pm	Encore Team (6)	Tuesday	6pm-6:30pm	
Ballet 3-4 [Pointe](2)	Thursday	7:30pm-9pm	Variety 2 (12)	Tuesday	6:30-7:30pm	Encore Team (3)	Tuesday	6:30pm-7pm	
<u>TAP</u>			<u>HIP HOP</u>			<u>RISING STARS</u>			
Tap Technique 1 (5)	Monday	6:30pm-7pm	Hip Hop (11)	Wednesday	5:15pm-6pm	Rising Star Team Large Group (3/6)	Tuesday	5:30pm-6pm	
Tap- Teen (4/5)	Thursday	6:45pm-7:30pm				Rising Star Team (3)	Tuesday	6pm-6:30pm	
Adult Tap (8)	Monday	7pm-7:45pm	<u>ACRO</u>			Rising Star Team (6)	Tuesday	6:30pm-7:15pm	
Sizzlin’ Seniors (8)	Wednesday (AM)	11:30am-12:30am	Acro 1 (9)	Wednesday	6pm-7pm	<u>STARLETT TEAM</u>			
			Acro 2 (9)	Wednesday	7pm-8pm				
			<u>DANCEABILITIES</u>				Starlett A (1)	Monday	5:45pm-7pm
Jazz Technique 1 (3)	Tuesday	7:15pm-8pm	Danceabilities (age 4-9) (2)	Thursday	6:15pm-6:45pm		Starlett B (6)	Monday	5pm-5:45pm
Jazz Technique 3/4 (3)	Thursday	6pm-6:45pm		Thursday	6:45pm-7:15pm		Starlett C (1)	Monday	5pm-5:45pm
<u>LYRICAL</u>			<u>TODDLIN’ TWOS</u>				Starlett D (7)	Monday	5pm-5:45pm
Little Lyrical (6)	Monday	7pm-7:45pm	Toddlin’ Twos (12)	Tuesday	5:15pm-5:45pm	<u>TEACHERS:</u>	Starlett Jazz (6/7)	Monday	6:30pm-7pm
Lyrical 1 (6)	Monday	7:45pm-8:30pm		Saturday (AM)	9:30am-10am				
Lyrical 3-4 (2)	Monday	6:30pm-7:15pm	<u>MUSICAL THEATRE</u>				(1) Sherry Bailey	(5) Claire Mengwasswe	(9) Lindsay Sherwood
<u>YOUNG EXPRESSION</u>			Musical Theatre (5)	Monday	7pm-7:45pm		(2) Kailey Baker	(6) Bailey Nichols	(10) Allison Trinklein
YE 1 (1)	Wednesday	5:15pm-6pm	Musical Theatre (5)	Saturday (AM)	10am-11am		(3) Kayla Hull	(7) Hunter Surls	(11) Tiaunna Warren
YE 1 (10)	Tuesday	5:15pm-6pm	<u>4-PART FUNDAMENTALS</u>				(4) LuAnn Madsen	(8) Kristy Schriefer	(12) Rachel Lutz
YE 1 (10)	Saturday	10pm-10:45pm	4-Part Fundamentals 1 (2)	Monday	5pm-5:30pm				
YE 2 (7)	Monday	5:45pm-6:30pm		Thursday	5:15pm-6pm				
YE 2 (12)	Tuesday	5:45pm-6:30pm	4-Part Fundamentals 2 (2)						